



## DIRECTIONS KITCHEN VOLUNTEERING

Directions Youth Services supports youth under 25 who are in crisis through a range of services at a 24/7/365 drop-in centre. Sign up to help prep and serve up a hot meal to local youth in need!

Our kitchen can work with teams of up to four volunteers, whether you're a work team or a group of friends and family.

Have a larger group? Let's chat and find another opportunity together.

### Sign up

We ask volunteer groups to make a minimum donation of \$500 to cover the cost of the meal (we typically serve more than 30 youth per meal) and to go toward supporting the overall programming at Directions Youth Services.

### Book your team's shift

or ask us questions at [giving@fsgv.ca](mailto:giving@fsgv.ca) or 778 223 2672

\*We kindly ask for **at least two weeks' notice** when booking volunteer groups.

Volunteer teams **assist in preparing and serving meals to youth**, with the option to choose between dinner and breakfast shifts. Optional post-meal offering: a Q&A session with staff to learn more.

### Dinner Shifts

4:00pm – 9:00pm  
Sunday, Monday, and Tuesday

### Breakfast Shifts

7:00am – 10:00am  
Tuesday, Wednesday, Thursday, and Friday

All shifts are at the Directions Drop-In Centre, at 1138 Burrard Street in Vancouver (across from St. Paul's).



FAMILY SERVICES  
of Greater Vancouver

